



St Mary's Catholic First School  
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Head Teacher: Mrs Paula Fearn



25<sup>th</sup> April 2017

## **LIFEGUARDS NEEDED**



Dear Reception Parents

As most of you know St Mary's School is incredibly fortunate to have its own heated swimming pool. All the children at the school use the pool very regularly in both the summer term and often the early part of the autumn term and as many parents will tell you, these regular sessions enable the children to gain confidence in the water and can significantly improve their ability.

Reception class children will be invited to swim on Tuesday & Thursday afternoons between 2.30pm & 3.15pm during the last half of the summer term. These are parent run sessions and a parent or a named adult must accompany the children. These swimming sessions **cannot** take place however, unless two people, who have undertaken the relevant pool courses, are willing and available to supervise them.

In order to ensure that we can keep these sessions going in 2017, we would like to make an early appeal to those reception parents who are willing and able to attend the Life Support training and also the pool awareness sessions. A more detailed letter about these courses is attached.

If you are willing to become a lifeguard you will not only help to provide the reception class with an opportunity to swim regularly, but also you and your family could benefit from being able to use the pool at specific times at weekends, during the summer term and summer holidays.

Without enough volunteers, the reception sessions **cannot** go ahead, so please give this your serious consideration.

Thank you for your support

The Pool Committee





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25<sup>th</sup> April 2017

Dear Reception Parents

### ST MARY'S SWIMMING POOL - LIFE SUPPORT COURSE INFO - 2017 SEASON

We are hoping you will be able to help!

We would like to invite you to sign up to become lifeguards for the coming season. We are offering two training sessions where you will be trained and assessed. Once you have received the necessary training and qualified as a lifeguard you will be required to cover a specific number of reception swim sessions, after school and holiday swimming duties. Your family will also be able to take advantage of being able to use the pool at specific additional times at weekends, during the summer term and summer holidays. The pool can only be opened if we have two qualified people to "The Royal Life Savings Society" (RLSS) to operate it. You only need to attend one of the training dates.

Reception children are able to use the pool on Tuesdays and Thursdays 2.30pm – 3.15 pm.

**We can only open the pool for reception swimming if enough parents volunteer to undertake the course explained below:**

#### LIFE SUPPORT

The Royal Life Saving Society UK, organises this course; the aim of the course is to demonstrate a competent level of skill in basic life support and knowledge of the diagnosis and management of choking, bleeding and shock.

Once you have completed the training, your certificate will be valid for 24 months.

We would also like to take this opportunity to thank those of you who gave your valuable help with the running of the swimming pool last year and to ask whether you would be willing and able to help again this year?

If you received your qualification last year, it is valid for a further 12 months and your support would be greatly appreciated again this summer. You have the option to attend the training course again, if you would like to refresh your knowledge and skills, but will not be required to be re-assessed. If you received your qualification 2 years ago you will need to renew your qualification this year.

**Training Courses have been arranged for:**

**Tuesday 2 May 9.15am – 11.45am or Monday 8 May 6.00pm – 8.30pm**

Finally if anyone has a current first aid certificate, that is relevant to the poolside environment, it is possible that this may meet or exceed that of the RLSS qualification. We will need to see a copy of your certificate in order to confirm this.

In addition to the above course all lifeguards must attend a **POOL AWARENESS SESSION** that will last approximately 1 hour and is held at the poolside with the emphasis on safety and how to manage the children.

Many thanks.

The Pool Committee



PLEASE COMPLETE & RETURN TO THE SCHOOL OFFICE BY **Friday 28<sup>th</sup> April 2017**

**POOL LIFEGUARD TRAINING 2017**

NAME:.....

CONTACT HOME PHONE No:.....

MOBILE No:.....

These numbers will eventually form a list only for the lifeguards.

(Please indicate if this may be a problem)

CHILD NAME & SCHOOL YEAR:.....

Please tick one of the following options:

1) I would like to sign up as a lifeguard and will attend the training course on 2 May/8 May (delete as appropriate) and will attend the pool awareness session once dates are confirmed	
2) I am qualified & will attend the refresher training on 2 May/8 May (delete as appropriate) and will attend the pool awareness session once dates are confirmed	
3) I am not able to help with the pool this year	
4) I have a first aid qualification and enclose a copy of my certificate. I will attend the pool awareness session once dates are confirmed	

MANY THANKS