

Dear Parents / Carers of children in years R to 6

Do you have concerns about any aspect of your child's health or well-being?

If so, our School Health Nursery Nurses are available to provide you with information, advice, and guidance in relation to a number of issues such as:

- Emotional wellbeing including anxiety about returning to school
- Friendships
- Healthy eating, weight management and physical activity advice
- Parenting
- Bed-wetting and toileting
- Hearing
- Behaviour

If you would like to speak to a School Health Nursery Nurse, please email us at [dhc.snadmin.westdorset@nhs.net](mailto:dhc.snadmin.westdorset@nhs.net) providing us with your telephone number as well as your child's name and school, so that we can call you back . If you would prefer an Attend Anywhere video appointment online instead of a phone call, please let us know. This will need to be booked in advance. We will do our best to call you back within two working days.

For more information and guidance, please visit the Dorset HealthCare website at [www.dorsethealthcare.nhs.uk](http://www.dorsethealthcare.nhs.uk) and search for the **School Nursing webpage**

**PLEASE NOTE THAT THIS SERVICE WILL ONLY BE AVAILABLE UNTIL MONDAY 20<sup>TH</sup> JULY BUT WILL RESUME AGAIN ON THURSDAY 3<sup>RD</sup> SEPTEMBER – PLEASE BE MINDFUL THAT ANY REQUESTS SENT DURING THIS TIME MAY NOT BE RESPONDED TO UNTIL SEPTEMBER**

**IMPORTANT: If you have an urgent medical concern or any COVID-19 query, you will need to speak to your GP or ring NHS 111**