



Bikeability

We are offering a Bikeability Level 1 course for our Year 4 pupils.

An external trainer will come to St Mary's to work with the children during the school day in our playground. The course lasts four hours and each child will need their own bike to participate in this course.

Children will learn how to master control of their bikes which includes riding with one hand at a time, how to prepare for a journey (includes learning a bike safety check) and how to use gears.

The cost of this one day course is £15.00 per child.

The children will take part in the course in groups of six or eight.

If you are interested in your children completing this Bikeability course, please complete and return the slip below with the £15.00 fee by Friday 2nd November 2018.

Once we have enough numbers to run the course, we will let you know the date for your child to bring their bike to school.

If you would like to know more, please go to <https://bikeability.org.uk/what/>

Year 4 Bikeability Level 1 Course

I would like my child in Year 4 to participate in the Bikeability Level 1 course at St Mary's.

I enclose the fee of £15.00



Signed(parent) Date