



St Mary's Catholic First School
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Head Teacher: Mrs Paula Fearn



25th April 2018

Dear Reception Parents

ST MARY'S SWIMMING POOL - LIFE SUPPORT COURSE INFO - 2018 SEASON

We are hoping you will be able to help!

We would like to invite you to sign up to become lifeguards for the coming season. We are offering two training sessions where you will be trained and assessed. Once you have received the necessary training and qualified as a lifeguard you will be required to cover a specific number of reception swim sessions, after school and holiday swimming duties. Your family will also be able to take advantage of being able to use the pool at specific additional times at weekends, during the summer term and summer holidays. The pool can only be opened if we have two qualified people to "The Royal Life Savings Society" (RLSS) to operate it.

Reception children are able to use the pool on Tuesdays and Thursdays 2.20pm – 3.15 pm.

We can only open the pool for reception swimming if enough parents volunteer to undertake the course explained below:

LIFE SUPPORT

The Royal Life Saving Society UK, organises this course; the aim of the course is to demonstrate a competent level of skill in basic life support and knowledge of the diagnosis and management of choking, bleeding and shock.

Once you have completed the training, your certificate will be valid for 24 months.

Training Courses have been arranged to be run at St Mary's on:

Wednesday 16th May at either 9.00 am–11.00 am or 6.00 pm–8.00 pm

You only need to attend one of these training sessions.

Finally if anyone has a current first aid certificate, that is relevant to the poolside environment, it is possible that this may meet or exceed that of the RLSS qualification. We will need to see a copy of your certificate in order to confirm this.

In addition to the above course all lifeguards must attend a **POOL AWARENESS SESSION** that will last approximately 1 hour and is held at the poolside with the emphasis on safety and how to manage the children. This date will be set shortly.

Yours Sincerely

Mrs Paula Fearn
Head Teacher



PLEASE COMPLETE & RETURN TO THE SCHOOL OFFICE BY **Monday 30th April 2018**

POOL LIFEGUARD TRAINING 2018

NAME:.....

CONTACT HOME PHONE No:.....

MOBILE No:.....

These numbers will eventually form a list only for the lifeguards.

(Please indicate if this may be a problem)

CHILD NAME & SCHOOL YEAR:.....

Please tick one of the following options:

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| 1) I would like to sign up as a lifeguard and will attend the training course on Wednesday 16 th May at 9.00am/6.00pm (delete as appropriate) and will attend the pool awareness session once dates are confirmed | |
| 2) I am qualified & will attend the refresher training on Wednesday 16 th May 9.00am/6.00pm (delete as appropriate) and will attend the pool awareness session once dates are confirmed | |
| 3) I am not able to help with the pool this year | |
| 4) I have a first aid qualification and enclose a copy of my certificate. I will attend the pool awareness session once dates are confirmed | |

MANY THANKS