

OCT8BER 2819

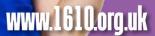
DORGHESTER SPORTS CENTRE

Coburg Road, Darchester 071 2HR. T 61305 656400

BOOK EARLY!



Fantastic holiday activities guaranteed to keep boredom at bay!







Monday 28th October • 12-1pm Friday 1st November • 11am-12pm • 7-12yrs

Work with our swimming instructors in this fun session designed to help you focus on and improve your diving*.



Monday 28th October • 1-2pm Friday 1st November • 12-1pm • 7-12yrs

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INFLATAFUN SESSIONS (5)

Tue 29th October • 10-11am / Wed 30th October • 2-3pm Thu 31st October • 11am-12pm / Sun 3rd November • 2.30-3.30pm



Join us for a fantastic fun session on our giant inflatable assault course!







Bounce around for an hour of fun, learning moves and routines with our trampolining instructors.



Mon 28th October • 2.20-3.20pm



Fri 1st November • 2.50-3.50pm • 5-8urs

An hour of splashtastic fun and games for younger children in our small pool



Thu 31st October: 1-2pm • 5-7urs / 2-3pm • 8-12urs



A fun-packed PRAMA.KIDS session utilises movement, music and lights to create a unique interactive fitness and play experience that is non-stop fun!

FUN FOOTBALL & @

Tue 29th/Wed 30th/Thu 31st October 10-11am • 5-8yrs 11am-12pm • 9-14yrs

Join us for some fantastic footie action! Featuring skills, drills and games led by our football coaches.



Tue 29th & Thu 31st October 12.15-13.15pm • 7-12yrs

A session designed to focus on practicing and improving those all important starts and turns *.



FRONT & BACK STROKE

Tuesday 29th & Thursday 31st October 1.15-2.15pm • 7-12urs

Join us for a focus on improving your Front and Back Stroke wit expert guidance from our swim instructors*.



Thursday 31st October 3-3.30pm / 3.30-4.pm • 7-12yrs

Find out if you've got what it takes to be a lifeguard as you're put through your paces in this fun session!*



*Children must be able to swim 15 metres

Swim lessons for all with...

SWIM 1610

- **2 FREE** lessons per year (T&C's apply)
- **FREE** swim hat for selected age groups
- **Lessons for all ages** (0-99 years)
- All equipment provided*

- Easily manage payments through our DD scheme
- Lessons all year round
- Enquire at reception for more information or give us a call on 01305 858400

