



Active Kidz

1610



OCTOBER 2019

DORCHESTER SPORTS CENTRE

Coburg Road, Dorchester DT1 2HR

T 01305 858400

*Fantastic
holiday activities
guaranteed to keep
boredom at bay!*

BOOK EARLY!



www.1610.org.uk

Active Kidz

We've got ghoulishly-good fun this October with action-packed activities that kids will love!



BOOK YOUR PLACE NOW!

TRAMPOLINING £7

Mon 28th/Tue 29th/Thu 31st October
10-11am • 5-7yrs 11am-12pm • 8-13yrs

Bounce around for an hour of fun, learning moves and routines with our trampolining instructors.



ADVENTURE RELAYS & GAMES £5

Mon 28th October • 2.20-3.20pm
Wed 30th October • 12pm-1pm
Fri 1st November • 2.50-3.50pm • 5-8yrs

An hour of splashtastic fun and games for younger children in our small pool.



PRAMA.KIDS £6

Tue 29th & Wed 30th October: 2-3pm • 5-7yrs / 3-4pm • 8-12yrs
Thu 31st October: 1-2pm • 5-7yrs / 2-3pm • 8-12yrs

A fun-packed PRAMA.KIDS session utilises movement, music and lights to create a unique interactive fitness and play experience that is non-stop fun!



LEARN TO DIVE £6

Monday 28th October • 12-1pm
Friday 1st November • 11am-12pm • 7-12yrs

Work with our swimming instructors in this fun session designed to help you focus on and improve your diving*.



LEARN TO TUMBLE TURN £6

Monday 28th October • 1-2pm
Friday 1st November • 12-1pm • 7-12yrs

Work with our swimming instructors in this fun session designed to help you focus on and improve your diving*.



FUN FOOTBALL £7

Tue 29th/Wed 30th/Thu 31st October
10-11am • 5-8yrs 11am-12pm • 9-14yrs

Join us for some fantastic footie action! Featuring skills, drills and games led by our football coaches.



STARTS & TURNS £6

Tue 29th & Thu 31st October
12.15-13.15pm • 7-12yrs

A session designed to focus on practicing and improving those all important starts and turns*.



INFLATAFUN SESSIONS £5

Tue 29th October • 10-11am / Wed 30th October • 2-3pm
Thu 31st October • 11am-12pm / Sun 3rd November • 2.30-3.30pm

Join us for a fantastic fun session on our giant inflatable assault course! 8-14yrs



IMPROVE YOUR FRONT & BACK STROKE £6

Tuesday 29th & Thursday 31st October
1.15-2.15pm • 7-12yrs

Join us for a focus on improving your Front and Back Stroke with expert guidance from our swim instructors*.



ROOKIE BEGINNERS £5

Thursday 31st October
3-3.30pm / 3.30-4pm • 7-12yrs

Find out if you've got what it takes to be a lifeguard as you're put through your paces in this fun session!*



*Children must be able to swim 15 metres.

ALL ACTIVITIES PRICED PER SESSION.

Swim lessons for all with...

SWIM 1610

- ☀️ **2 FREE** lessons per year
(T&C's apply)
- ☀️ **FREE** swim hat for selected
age groups
- ☀️ Lessons for all ages (0-99 years)
- ☀️ All equipment provided*
- 🌊 Easily manage payments through
our DD scheme
- 🌊 Lessons all year round
- 🌊 Enquire at reception for more
information or give us a call
on **01305 858400**

Dorchester Sports Centre
Coburg Road, Dorchester DT1 2HR

T 01305 858400 www.1610.org.uk  



Learn to Swim
Programme

1610

**FREE
SWIMMING!**
during Public sessions
with your DD Junior Swim
Membership!
(Terms and conditions apply)

*Goggles not provided

