



St Mary's Catholic First School
Lucetta Lane, Dorchester, Dorset, DT1 2DD
Tel: 01305 262258
Fax: 01305 257101

E-mail: office@stmarysdorchester.dorset.sch.uk
Website: www.stmarysdorchester.dorset.sch.uk

Head Teacher: Mrs Paula Fearn



30th September 2021

Covid update for St Mary's School

Dear parents,

Thank you all for your continued support and vigilance with Covid-19 over the past week. We have been made aware that there are positive cases within our school community.

We are continuing to monitor the situation and are working closely with Public Health Dorset.

This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness. St Mary's remains open and providing your children remains well, they can continue to attend school. We will keep this under review.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, you should organise for your child to be tested via the [NHS online portal](#) or by calling 119. Your household should isolate until you receive the test results giving the all clear.



Trauma Informed Schools



Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do:

- keep a safe distance (at least 2 metres) away from people you do not live with or who are not in your support bubble.
- Reduce the time spent in crowded areas where it may be difficult to social distance
- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- clean surfaces often, paying particular attention to surfaces touched often (e.g. light switches or electronic devices)
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze. Dispose of tissues into a rubbish bag immediately and wash your hands.
- wear a face covering in indoor spaces where social distancing may be difficult.
- Keep indoor spaces as well ventilated as possible – let the fresh air in, even if for a short period a day.

Further information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

and

<https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>

Yours sincerely

P. Fearn

Mrs Paula Fearn
Head Teacher



Trauma Informed Schools

