

Week one

Monday

W/C 11 April, 2 May, 23 May, 13 June, 4 July

Beef Burger in a Roll

American style beef burger in a soft seedless bap served with ketchup

Diced Potatoes

Baked Beans

Shepherdess Pie

Vegemince, peas and carrots in a traditional gravy topped with mashed potato

For Dessert...

Lemon sponge with custard

Jacket Potato with Grated Cheese

Tuesday

Chicken Pasta

Diced chicken breast in a creamy white sauce with pasta

Wholegrain Rice

Sweetcorn

Vegetable Curry

Chickpeas, peppers and butternut squash in a mild curry sauce

For Dessert...

Banana mousse

Jacket Potato with Baked Beans

Wednesday

Cottage Pie

Minced beef, peas and carrots in a traditional gravy, topped with mashed potato

Mixed Vegetables

Mixed Crudit 

Cheese and Tomato Pasta Bake

A variation on our popular macaroni cheese served in a tomato and cheese sauce

For Dessert...

Chocolate sponge with custard

Jacket Potato with Spaghetti Hoops

Thursday

Roast Chicken with Gravy

Chicken breast served with a traditional gravy

Mashed Potato

Green Beans

Roast Vegetable Loaf with Gravy

Oven baked meat free slice made with cheese and vegetables, served with a traditional gravy

For Dessert...

Fruit salad

Jacket Potato with Tuna Mayonnaise

Friday

Fish Fingers

Oven baked salmon fish fingers in golden breadcrumbs

Chips

Baked Beans

Vegetarian Sausages

Oven baked Linda McCartney vegetarian sausages

For Dessert...

Fruity crumble with custard

Jacket Potato with Grated Cheese

Week two

W/C 18 April, 9 May, 30 May, 20 June, 11 July

Pork Sausages with Gravy

British pork sausages served with a traditional gravy

Mashed Potato

Garden Peas

Vegetable Ratatouille

Roast vegetables slow cooked with chickpeas and peppers in a chunky tomato sauce

For Dessert...

Chocolate brownie

Jacket Potato with Grated Cheese

Pasta Bolognaise

Italian style beef pasta sauce served with pasta and garlic bread

Garlic Bread

Green Beans

Mixed Crudit 

Cowboy Hotpot

Sliced vegetarian sausages with baked beans and tomatoes topped with cheese and potato

For Dessert...

Berry crumble with custard

Jacket Potato with Baked Beans

Hunters Chicken

Chicken breast with cheese and peppers in a BBQ sauce

Wholegrain Rice

Sweetcorn

Macaroni Cheese

Short cut macaroni served in a creamy cheese sauce

For Dessert...

Toffee sponge with custard

Jacket Potato with Tuna Mayonnaise

Roast Turkey with Gravy

Roasted and sliced turkey served with a traditional gravy

Roast Potatoes

Garden Peas

Quorn Roast with Gravy

Roasted and sliced Quorn roll served with a traditional gravy

For Dessert...

Fruit salad

Jacket Potato with Spaghetti Hoops

Breaded Fish Fillet

Oven baked fish fillet in golden breadcrumbs

Chips

Baked Beans

Chickpea, Cauliflower and Broccoli Bake

A creamy cauliflower and broccoli bake with chickpeas and grated cheddar

For Dessert...

Strawberry sponge with custard

Jacket Potato with Grated Cheese

Week three

W/C 25 April, 16 May, 06 June, 27 June, 18 July

Cheese and Tomato Pizza

Whole wheat pizza base topped with tomato sauce and cheese

Potato Wedges

Baked Beans

Quorn Hot Dog in a Soft Roll

Quorn hot dog served in a soft roll with tomato ketchup

For Dessert...

Apple sponge with custard

Jacket Potato with Grated Cheese

Beef Lasagne

Beef bolognaise sauce between layers of pasta, topped with white sauce and cheese

Bread Roll

Mixed Vegetables

Egg Fried Rice with Sweet and Sour Vegetables

Chinese style egg, vegetables and wholegrain rice served with sweet and sour vegetables

For Dessert...

Flapjack

Jacket Potato with Baked Beans

Turkey Meatballs with Sweet and Sour Sauce

Oven baked turkey meatballs in a sweet and sour sauce

Diced Potatoes

Sweetcorn

Vegetable Lasagne

Vegetable bolognaise sauce between layers of pasta, topped with white sauce and cheese

For Dessert...

Ginger sponge with custard

Jacket Potato with Grated Cheese

Roast Pork with Gravy

Roasted and sliced loin of pork served with a traditional gravy

Mashed Potato

Green Beans

Quorn Fillet with Gravy

Quorn fillet served with a traditional gravy

For Dessert...

Fruit salad

Jacket Potato with Spaghetti Hoops

Fish Fingers

Oven baked white fish fingers in golden breadcrumbs

Chips

Baked Beans

Plain Omelette

Lightly seasoned free range omelette made from British Red Lion eggs

For Dessert...

Fruity crumble with custard

Jacket Potato with Grated Cheese



If your school is an online ordering school visit our website to book your meals:

www.dorset.mealselector.co.uk

Keep yourself topped up with water - it will help you concentrate all day long.



If you don't fancy dessert, you can **always** enjoy fresh fruit or yoghurt.



For more information please contact:

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Chartwells
EAT LEARN LIVE