



St Mary's Catholic First School  
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Head Teacher: Mrs Paula Fearn



22<sup>nd</sup> January 2019

Dear Parents,

We are fortunate enough to be able to offer Forest school sessions to all pupils beginning this term. We will be starting our session week beginning 28<sup>th</sup> January 2019.

#### What is Forest School?

- Introduction of specific skills; knot tying, shelter building, campfire making, cooking, tool work.
- Links to curriculum; natural collage, eco-systems and wildlife, tribal culture, cooking in the past, plant identification.
- Opportunity for creativity and freedom, time to explore the natural world, work independently or as a team.
- Time to self-reflect and evaluate.

#### What clothing will they need? (Named and in a bag on peg please!)

- For the cold weather: Hats and gloves, Warm socks (and some spare socks) - Wellington boots, Waterproof trousers and coat.
  - For the hot weather: Sun cream Sun hat (preferably one that offers protection to the back of their neck)
- Spare socks, Wellington boots.

#### Can Parents help?

In order for Forest Schools to be successful we need high adult numbers and would love your help! You could choose to help in your own child's class or a different class if you think it might be better. **Please complete the slip below expressing your interest and see the office about completing a volunteer DBS check.**

#### What day will my child be doing Forest School?

**Monday:** Reception Class will be split in half, one group in the morning, one group in the afternoon.

**Wednesday:** Year 3 and Year 4 will alternate each week in the afternoon.

**Friday:** Year 1 and Year 2 will alternate each week in the afternoon.

**Please bring your kit every week on the designated day as groups may swap.**

Kind Regards,

*Coffin*  
Mrs Coffin

Child's Name..... Parent's name .....

**I would like to help with Forest School sessions, I can do...**

Monday AM with Reception

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Monday PM with Reception

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Wednesday PM with Year 3/4

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Friday PM with Year 1/2

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