

LENT CALENDAR 2020

1

Ask God to help you love him with all your heart this Lent.

2

Can you finish this sentence?
This Lent I hope to show God how much I love him by...

3

Draw and cut out a cross, and leave it in your room to remind you of what Jesus did for us.

4

Why not keep a prayer journal this Lent to write down any prayers you say on your journey to Easter.

5

Jesus asks us to love our enemies – let's pray for anyone who has upset us today.

6

Do you get pocket money for helping around the house? Ask a grown-up if you can **give some of it to charity this Lent.**

7

Don't worry if you're finding it hard to give up something for Lent, maybe give God 5 minutes of your time today instead.

8

Could you offer to carry your friend's backpack in school today?

9

Could you give up your screen time today and help your parents with some chores instead?

17

Spring is in the air!
Let's thank God for the new life all around us!

16

Ask a grown-up what their favourite hymn is, and try and learn some of it with them.

15

Can you make your own bed today?

14

Ask a grown-up if you can donate any of your old toys or books to a charity shop.

13

God, **I am sorry** for hurting others and hurting you.

12

Pray for children who are homeless today.

11

Thank God for your family today.

10

Be kind to someone in school that doesn't have many friends.

18

Talk to a friend about what you're doing for Lent.

19

Can you help out at dinnertime – maybe by setting the table or clearing up afterwards?

20

Try to put others first today – ask your family if you can help them in any way.

21

Let's pray for all children who are in hospital at this time – please God make them better.

22

Try and say grace before meals today to thank God for the food you have to eat.

23

God asked us to care for his planet – could you pick up some litter today at home or school?

24

Can you imagine how hard it was for Jesus to spend 40 days in the desert? Let's make a small sacrifice for him today.

25

Try and hand over all your worries to God today.

26

Are you good at sharing? Try your best to share with friends and family today.

33

Tell Jesus you love him today – talk to him like a best friend!

32

Springtime means spring flowers – when the weather is nice, why not help out around the garden?

31

Ask a grown-up what their favourite Bible verse is, and try and learn it off by heart.

30

Jesus asked us to love our neighbour – that means treating others the way we would like to be treated.

29

Thank a grown-up for all they do for you – it could be a parent, teacher – or both!

28

If you have a younger brother or sister, why not read a story to them today?

27

Make time to listen to someone today – at home or in school, it'll show how much you care for them.

34

This is Holy Week – let's try extra hard this week to focus on Jesus.

35

You can start making beautiful Easter cards for your loved ones now.

36

Why not help getting breakfast ready this morning.

37

Ask a grown-up to read the story of Easter with you today.

38

On this day all those years ago, Jesus served the disciples by washing their feet – how can you serve others today?

39

Today is **Good Friday** – thank you Jesus for everything you have done for me, help me to remain close to you for ever.

40

The miracle of Easter is almost here – thank you Lord for being with me on my journey through Lent.

