

How to make a
worry doll!



What you will need



glue

fabric



string



thread



scissors



Firstly, cut 2 small
sticks or pipe cleaners
and tie with cotton
into a cross



Wrap thread around
the arms and across
the middle, like this



Wrap fabric around
the doll and tie with
thread



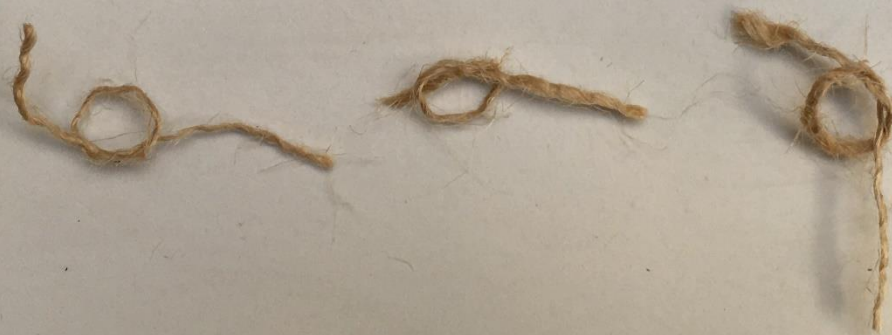
Take a piece of paper
or thin card. Fold it
and attach it to make
the doll's head with glue.



Draw on a face .



Knot thin string, leaving
a loop hole



Glue and tie onto your
worry doll's head



You can trim the hair
Hey presto! Worry dolls!



Pop me under your
pillow to help ^{zzz}
you sleep! ☹️



You can use anything you find you
find around the house to make
worry dolls. Remember it took Billy
a lot of practice to get it right.
Get a grown up to help you with the
fiddly bits! Hope you have fun
making worry dolls!