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Head Teacher: Mrs Paula Fearn

17<sup>th</sup> October 2017



Dear Parents

The NSPCC's *Speak out. Stay safe.* programme is visiting our school to make sure our pupils have the knowledge and understanding they need to stay safe from abuse.



I'm pleased to tell you that we will be working with the NSPCC, the UK's leading children's charity, who'll be delivering their *Speak out. Stay safe.* programme on Tuesday 31<sup>st</sup> October. This is a nationwide programme for every first school aged child in the UK. With the help of their friendly mascot Buddy, they'll be presenting an assembly to the children in our school.



### What is the *Speak out. Stay safe.* programme?

Through the delivery of child-friendly, interactive assemblies their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, in an age appropriate and child centred way.

We have reviewed the content of their established programme which is delivered to 8,000 schools across the UK each year and we are confident that the messages are informative and appropriate for first school aged children. By the end of their visit, we believe children will feel empowered – knowing how they can speak out and stay safe should they ever have any worries or concerns.

If you would like any more information about the NSPCC *Speak out. Stay safe.* programme, you can read all about it on the NSPCC website [nspcc.org.uk/schools](http://nspcc.org.uk/schools) or please contact us at the school and we can arrange for you to hear more about it.

## Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe with your children. The NSPCC have a number of child-friendly age appropriate materials to help you carry on these conversations afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse in an age appropriate way.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at [nspcc.org.uk/pants](https://nspcc.org.uk/pants)

If you have any queries about this visit to St Mary's by the NSPCC, please let me know.

Yours Sincerely



**Mrs Paula Fearn**  
**Head Teacher**

