



St Mary's Catholic First School
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Head Teacher: Mrs Paula Fearn



Haycorns
Pre-School

22nd January 2021

Dear Parents

A brilliant week of remote learning, well done and thank you parents for encouraging and supporting your child every day. Teachers are working hard to provide a range of ways that your child can access learning. We're hoping that you are also finding the additional guided sessions beneficial.

Genuinely, I know that most likely you are feeling very overwhelmed, especially if you have more than one child, we as a staff team are here to support you. We know that you are not teachers and are not super-human. Please be kind to yourselves, you are doing your best.

Please see attached a questionnaire about remote learning, we would like your feedback to see if there are any adjustments that can be made to make things easier for you at home. The link to the questionnaire is in the newsletter email and also below:

https://docs.google.com/forms/d/e/1FAIpQLSeOms3LKWvt8FD2gfu_xQvsWL1Pn50GO_5VdzbuRo9eOFYDAw/viewform?usp=sf_link

Art challenge

As you know we have our strong friendship with the residents of Culliford House residential home in Dorchester. We would like to send the residents some more pictures with a theme of happiness. If your feel your child/ren would like to draw a picture, please email a photo of their picture to the school office and we will print them off and deliver them to the residents. Perhaps your child/ren would write on the picture 'To our friends at Culliford House from your St Mary's friend' or they could write just their first name (whichever you prefer).

Lunch packs

In this current lockdown it's possible that your employment status may have changed, if this is the case we might be able to offer you some support with items for making lunches, please email the school office: office@stmarysdorchester.dorset.sch.uk in the strictest of confidence.



Mental Health & Well-being

SSS Learning have produced a resource has been designed to offer advice on how parents can safeguard their child/ren's mental health and promote their wellbeing.

The resource is available as a document and a short video presentation.

The link to both resources is <https://ssscpd.co.uk/education/parentsandguardians/child-mental-health-10-tips-for-parents>

Have a lovely weekend.

Yours sincerely

P. Fearn

Mrs Paula Fearn
Head Teacher