



St Mary's Catholic First School
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Head Teacher: Mrs Paula Fearn



16th January 2018



Dear Parents

Forest School

We have been developing an exciting link with Forest School as part of our School Development Plan.



Forest School have initially been working with our Year 1 class and we are now expanding this. The aim of their work is to help achieve and develop confidence through hands-on learning in an outdoor environment.

Research has shown the benefits of Outdoor Education in the following areas:



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|-----------------------|---------------------------|
| * Builds independence | * Increased self esteem |
| * Curiosity | * Exploration of senses |
| * Spatial awareness | * Motor development |
| * Social skills | * Team building |
| * Risk management | * Cross-curricular skills |
| * Problem solving | * Creativity |
| * Self-discovery | * Imagination |

Our Year 4 class will be starting Forest School this term during school hours so if you would like to know more about this initiative and what your children will be doing, please come along to a parent's briefing this Thursday 18th at 2.45 pm in the school hall.

I look forward to seeing you there.

Yours Sincerely

Mr Kay
Class Teacher