

Reception swimming



Dear Parents May 2016

As most of you know St Mary's school is incredibly fortunate to have its own heated swimming pool and all the children in school use the pool very regularly in the summer term.

Reception class children and Haycorns children who will be entering St Mary's in September 2016 are invited to swim on Tuesday & Thursday afternoons between 2.30pm & 3.15pm. Reception class children may be collected **from class** at 2.30 p.m. and taken to swimming by their parents/guardians who will need to **stay with** them at all times. If you are unable to get here for 2.30 p.m. you may collect your child at the end of afternoon play at 2.45 p.m. Mrs Hunns will remain in the classroom with the other children.

Older children, in Years 1 - 4 will take part in swimming galas at the end of the year.

A few notes to help introduce you to our pool.

A maximum of 20 swimmers are allowed in the pool at any one time. Reception children shall have priority with a rotation policy introduced by the pool attendant if necessary.

Children may only swim if a parent or named adult escorts them. Please limit the number of children you take in.

Swimming will not take place if the weather is not conducive! This responsibility lies with the pool attendants on duty <u>not</u> the school.

Please note that the swimming sessions <u>can only operate if two lifeguards</u>, who have undertaken the pool courses are available, so please **check the rota**, (on the Reception class door) before turning up to swim.

Swimming hats to be worn in the pool at all times - available for sale from the school office - they cost £2.

The pool is heated but little ones soon get cold drying, so dressing gowns are very useful.

No food is allowed in the pool area.

Please take the time to read the pool regulations before taking your child to swim.

In line with the recommendation from the Physical Education Association, goggles are not permitted unless for a specific medical reason. A <u>parental</u> letter will be required stating the exceptional circumstances for goggles to be used by children and this information will be made available to all pool supervisors.

Younger siblings are very welcome to join in - as indeed are you! Up to the maximum of 20.

Do not forget to group together if you are on duty & need someone to watch your little one, there is always someone who could help.

Show your child how to enter the pool correctly by using the steps; they need to enter the pool facing the steps.

Teach them that one blow of the pool attendants whistle means they have to stop still immediately & listen. Two blows of the whistle means you must remove your child from the pool immediately.

Armbands must be worn if your child cannot swim and you are not in the water with them.

N.B. CHILDREN REMAIN YOUR RESPONSIBILITY AT <u>ALL</u> TIMES, NOT THE POOL ATTENDANTS.

After school swimming is very popular with the children, vouchers are available for £25 from the school office. This allows your family to swim after school from 3.30 - 4.30pm and in the summer holidays, Monday - Friday at 2.00 - 3.30pm.

ENJOY YOUR SWIMMING!

