

Week one

Monday

W/C 29 Aug, 19 Sept, 10 Oct, 31 Oct, 21 Nov, 12 Dec

Pork Sausages with Gravy

British pork sausages served with a traditional gravy

Mashed Potato

Mixed Vegetables

Baked Bean Lasagne with a Bread Roll

Baked beans between layers of pasta, topped with white sauce and cheese

For Dessert...

Lemon and Raisin cookie

Jacket Potato with Spaghetti Hoops

Cheese and Tomato Pizza

Whole wheat pizza base topped with tomato sauce and cheese

Potato Wedges

Baked Beans
Mixed Crudit 

Shepherdess Pie

Vegemince, peas and carrots in a traditional gravy topped with mashed potato

For Dessert...

Chocolate Sponge with Custard

Jacket Potato with Grated Cheese

Chicken Pasta Bake with a Bread Roll

Diced chicken breast served with short cut macaroni in a tomato and cheese sauce

Wholegrain Rice

Sweetcorn

Veggie Balls in a Tomato Sauce

Vegetarian 'meatball' alternative in a rich tomato sauce

For Dessert...

Vanilla Sponge with Peaches

Jacket Potato with Baked Beans

Roast Beef with Gravy

Roasted and sliced silverside of beef served with a traditional gravy

Roast Potatoes

Green Beans

Quorn Fillet with Gravy

Quorn fillet served with a traditional gravy

For Dessert...

Fruit Salad

Jacket Potato with Tuna Mayonnaise

Fish Fingers

Oven baked white fish fingers in golden breadcrumbs

Chips

Garden Peas

Vegetarian Sausages

Oven baked Linda McCartney vegetarian sausages with tomato ketchup

For Dessert...

Muller Yoghurt

Jacket Potato with Grated Cheese

Week two

W/C 5 Sept, 26 Sept, 17 Oct, 7 Nov, 28 Nov

Beef Burger in a Roll

American style beef burger in a soft seedless bap served with tomato ketchup

Potato Wedges

Sweetcorn

Vegetarian Sausage and Bean Pie

Quorn hot dog and baked beans topped with mashed potato

For Dessert...

Toffee Sponge with Custard

Jacket Potato with Grated Cheese

Chicken in Broccoli and Cheese Sauce

Diced chicken breast served in a creamy cheese and broccoli sauce

Diced Potatoes

Diced Carrot
Mixed Crudit 

Cheese and Tomato Pasta Bake

A variation on our popular macaroni cheese served in a tomato and cheese sauce

For Dessert...

Chocolate Brownie

Jacket Potato with Spaghetti Hoops

Bolognese Pasta Bake with a Bread Roll

Italian style beef pasta sauce served with pasta

Wholegrain Rice

Green Beans

Sweet and Sour Quorn

Diced Quorn in a sweet and sour sauce

For Dessert...

Apple Crumble with Custard

Jacket Potato with Baked Beans

Roast Pork with Gravy

Roasted and sliced loin of pork served with a traditional gravy

Mashed Potato

Mixed Vegetables

Roast Vegetable Loaf with Gravy

Oven baked meat free slice made with cheese and vegetables, served with a traditional gravy

For Dessert...

Pancake and Berries

Jacket Potato with Tuna Mayonnaise

Fish Fingers

Oven baked white fish fingers in golden breadcrumbs

Chips

Garden Peas

Quorn Hot Dog in a Soft Roll

Quorn hot dog served in a soft roll with tomato ketchup

For Dessert...

Muller Yoghurt

Jacket Potato with Grated Cheese

Week three

W/C 12 Sept, 3 Oct, 24 Oct, 14 Nov, 5 Dec

Pork Sausages with Tomato Ketchup

British pork sausages served with tomato ketchup

Diced Potatoes

Mixed Vegetables

Macaroni Cheese

Short cut macaroni served in a creamy cheese sauce

For Dessert...

Banana Sponge with Custard

Jacket Potato with Spaghetti Hoops

Creamy Fish Pie

Creamy cheese sauce filled with haddock, salmon and sweetcorn and topped with mashed potato

Potato Wedges

Baked Beans
Mixed Crudit 

Cheese and Tomato Pizza

Whole wheat pizza base topped with tomato sauce and cheese

For Dessert...

Vanilla Sponge with Pineapple Chunks

Jacket Potato with Grated Cheese

Beef Lasagne with a Bread Roll

Beef bolognese sauce between layers of pasta, topped with white sauce and cheese

Wholegrain Rice

Sweetcorn

Vegetable Curry

Chickpeas, peppers and butternut squash in a mild curry sauce

For Dessert...

Strawberry Crumble with Custard

Jacket Potato with Baked Beans

Roast Turkey with Gravy

Roasted and sliced turkey served with a traditional gravy

Roast Potatoes

Green Beans

Quorn Fillet with Gravy

Quorn fillet served with a traditional gravy

For Dessert...

Chocolate Brownie

Jacket Potato with Tuna Mayonnaise

Fish Fingers

Oven baked white fish fingers in golden breadcrumbs

Chips

Garden Peas

Vegetarian Sausages

Oven baked Linda McCartney vegetarian sausages with tomato ketchup

For Dessert...

Muller Yoghurt

Jacket Potato with Grated Cheese

Tuesday

Wednesday

Thursday

Friday



If your school is an online ordering school visit our website to book your meals:
www.dorset.mealselector.co.uk

Keep yourself topped up with water - it will help you concentrate all day long.



If you don't fancy dessert, you can **always** enjoy fresh fruit or yoghurt.



For more information please contact:

Email: BPDAdmin@compass-group.co.uk

Tel: 01202 691 038

Chartwells
EAT LEARN LIVE



With Free
Christmas Hat!!

Festive Menu

*Roast Turkey with Gravy, Stuffing,
Cocktail Sausage, Roast Potatoes
and Mixed Vegetables*

Or

*Quorn Roast with Gravy, Stuffing,
Roast Potatoes and Mixed
Vegetables*

*With a Rocky Road Slice
or a Satsuma and Orange
Squash*



The festive menu will run between 5-16th December. Please contact your school to find out which day they will be having their festive menu!



For more information please contact us on:

Email: BPDAdmin@compass-group.co.uk Tel: 01202 691 038



We think that enjoying a nutritious hot meal at lunchtime is always better value than a packed lunch but, of course, it's even better value when it's free!

We just want to take this opportunity to remind you that if you have a child in Reception, Year 1 or Year 2 in England, your child is entitled to enjoy a school meal every day, for free!

HOW DO SCHOOL MEALS COMPARE TO PACKED LUNCHES?



It's easy to work out how much money you will save by not having to buy and make up packed lunches every day and, of course, it's a big figure. **On average the saving is £400 through the school year!** Of course, that doesn't account for the time you save every morning too.

Another important factor is that the school meals we serve are nutritionally balanced and studies have shown that children who eat a school meal are more effective in the classroom during the afternoon.



For more
information
please contact:

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